

3 Phases of Care Explained

Initial Care

Initial care is designed for anyone experiencing pain, sickness, dis-ease, spinal subluxation degeneration, or health problems of any kind. This type of care is designed to help your body heal the most recent layers of damage, stop the breakdown of spinal joints, and the "growing wrong" that has occurred over months and years.

Reconstructive Care

Reconstructive Care begins once you have completed the Initial Intensive phase of care. Reconstructive care is designed to help your body "grow right" again and heal the deeper layers of damage that occurred over time when there were little or no symptoms.

Wellness Care

Wellness Care is designed to maximize spinal and nerve function over a lifetime, which optimizes health and has your body performing at its peak. Depending on what your health goals are, wellness care ranges from once per week to once per month. The difference between these will be discussed with you as you near this exciting time so that you and your family may continue to remain as healthy as possible over a lifetime.

Dynamic Examinations

Dynamic Examinations (progress exams) will be performed approximately every 12 visits to monitor the process of spinal correction. You will decide how you would like to participate in chiropractic care in our office. Please keep in mind; we are here to serve you and we have no attachment to how you choose to participate in care. Please choose the method of participation that will best enable you to complete what you start and get the best results.

All of your options will be reviewed with you at your Report of Findings and we will work together to achieve your goals. Thank you for choosing our office for chiropractic care, we look forward to a long healthy relationship with you and your family. For more information visit our New Patients section.